You may have heard the term climate change. What does this term mean? In what ways is the climate changing? How does climate change affect the Federated States of Micronesia (FSM)? The purpose of this booklet is to answer these questions.

What are weather and climate?

To learn about climate change we need to understand the difference between weather and climate. Weather is the short-term condition of the atmosphere in a specific place, such as where you live. Is it raining today? Where is the wind blowing from and how strong is it blowing? Is the air hot or cool? How cloudy is the sky?

Climate is the long-term average weather pattern in a specific place or region. When scientists describe the climate in a place, they use measurements and observations of the weather that have been made over periods of decades or longer. The climate in a place has very big effects on the plants, animals and people who live there.

The FSM has a climate where the weather changes over the course of a year from a wetter season to a drier season (Figure 1). Among most islands in the northern hemisphere Pacific Ocean, the more northward the island, the longer and drier the drier season tends to be. Other places on our planet have climates where the weather changes a lot over the course of a year. For example, many places have very cold snowy winters, and very hot summers.

Figure 1 In the Federated States of Micronesia, the weather changes from a wetter season (May to October) to a drier season (November to April).
Climate describes what kind of weather you can expect to happen. Weather describes what is actually happening. If you visit a place in the wetter season, you should expect that it will be rainy. However, the days that you visit, the weather could actually be dry. It was probably rainy before you visited, and it will probably become rainy again after you leave.

What is the climate in the Federated States of Micronesia?

Warm and Humid

The climate in the FSM is generally warm and breezy with lots of water vapor in the air (this is known as high humidity). The map (Figure 2) shows two factors that play the biggest roles in causing this climate:

- FSM is located near the equator
- FSM is surrounded by the ocean in all directions

Places near the equator get a lot more energy from the Sun than places that are farther away from the equator. This location is the main reason that the islands in FSM are warm. Warm ocean water heats the air above it and also puts a lot of water vapor into that air. The warm ocean around FSM helps keep the temperature warm at night, and makes the air warm and humid.

Figure 2 The Federated States of Micronesia (FSM) is located in the western Pacific Ocean near the equator.

High Islands and Low Islands

There are two main kinds of islands in the Pacific Ocean: high islands and low islands. Communities of people on both kinds of islands have homes, grow food, go fishing, and drink fresh water. The fresh water that they have comes from the rain that falls on their island.

Figure 3 shows the two different kinds of rain that fall on Pacific islands. One kind of rain happens everywhere: over the open ocean, on low islands, and on high islands. This kind of rain happens because the air has so much water vapor in it that when the air rises above the ocean surface into cooler air above, the water vapor condenses, forms clouds, and then precipitates. This is called convective rain.
High Islands cause a second type of rain. When warm humid air is forced to rise up the slopes of a high island, the cool air it encounters causes the water vapor to condense, making clouds and rain. This is called orographic rain.

High islands usually get more rain than low islands. For instance, on the low island of Majuro in the Republic of the Marshall Islands, rainfall averages 132 inches a year. On the high island of Kosrae in the Federated States of Micronesia, the annual rainfall averages 300 inches in the mountains and 200 inches on the coast.

The fact that Kosrae’s mountains get more rain than its coasts provides the clue why high islands get more rain than low islands. The air is much colder near the top of a high mountain compared with the bottom of that mountain. When warm, humid air blowing in from the ocean hits a mountain, that air is forced upward into the colder mountain areas. When warm humid air becomes colder, its water vapor condenses from the gas state into the liquid state, and forms water droplets. These water droplets become clouds that rain on the island.

Low islands are usually made of coral sand and gravel. Low islands do not cause humid air to condense because they do not extend into the cold air at high elevations. The main source of fresh water on a low island comes from rainstorms that move across the ocean and happen to run over the island.

**Two Types of Rain on Pacific Islands**

<table>
<thead>
<tr>
<th>Everywhere (convective)</th>
<th>Caused by Mountains (orographic)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Air has so much water vapor that clouds form, and rain falls on the open ocean and on any low or high islands that the clouds blow over.</td>
<td>Warm humid air becomes colder when it rises up the slopes of a high island mountain. Cooled water vapor condenses and falls as rain on the high island.</td>
</tr>
</tbody>
</table>

*Figure 3* The fresh water on Pacific islands comes from two types of rain.
Wetter and Drier Seasons with Variable Rainfall from Year to Year

The weather and climate in Micronesia (Figure 4) have been observed and analyzed for centuries, and have been scientifically measured for decades. There are several patterns in addition to being generally warm and humid. One of the most important climate patterns is that during the year there is a wetter season and a drier season.

The hot and humid rainy season extends from May through October. The drier season is usually between November and April when the average monthly rainfall is much less. Most Pacific Islands near the equator also have wet and dry seasons.

Figure 4 shows the annual rainfall measured in Pohnpei between the years 1950 and 2010. Note that the amount of rain changes a lot from year to year. Some years had 210 inches (533 centimeters) or more of rain, while other years had 150 inches (381 centimeters) or less of rain. This kind of change in rainfall from year to year is also a natural feature of the climate in many Pacific islands that are near the equator. Scientists say that the amount of rainfall has a lot of variability (natural change from year to year).
Regional Wind and Rain Patterns: The ITCZ and El Niño

Near the equator, the winds from the northern hemisphere and in the southern hemisphere come together and cause a band of rain called the Intertropical Convergence Zone or ITCZ. This very cloudy and rainy area can be seen in satellite photos (Figure 6) as a band of thunderstorm clouds somewhat north of the equator.

This long band of rainy area near the equator does not just stay in one place. The wet season occurs in the summer when the area of rain tends to move to the north, bringing it closer to the FSM. The drier season occurs when the area of rain moves further south away from most of the islands in the FSM.

Table 1 summarizes the differences between El Niño years, La Niña years, and neutral years.

<table>
<thead>
<tr>
<th>Year</th>
<th>Rainfall (inches)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1980</td>
<td>120</td>
</tr>
<tr>
<td>1990</td>
<td>180</td>
</tr>
<tr>
<td>2000</td>
<td>240</td>
</tr>
</tbody>
</table>

Figure 6: The strong sun and warm water of the equator heats the air and increases its humidity. The warm humid air rises and becomes colder as it gets higher in the atmosphere. As the rising air gets colder, the water vapor condenses and forms big clouds that release the water in thunderstorms.

In the Federated States of Micronesia winds mostly blow from the northeast throughout the year. These winds are called trade winds. But there is a second type of wind, called a monsoon wind that blows from the west; trade winds tend to be most frequent from December through March, and monsoon winds are most frequent from June through September.

The east to west trade winds play a large role in the climate of the equatorial Pacific Ocean. These winds can change during a climate pattern that is called the El Niño Southern Oscillation (ENSO). When trade winds are weaker than usual and monsoon winds are dominate, scientists say that it is an El Niño year. When trade winds are stronger than normal, scientists call it a La Niña year. When the trade winds are normal, it is called a neutral year.
In a neutral year (normal winds), the waters in Micronesia are much warmer than waters in the central or eastern portions of the Pacific Ocean. The warm water leads to strong evaporation and there is abundant rain.

In a La Niña year, strong winds blow across the ocean surface into Micronesia. This raises the level of the ocean and can cause coastal erosion (land loss due to wave action) and damaging king tides (the highest tides of the year). La Niña years also tend to be rainy in Micronesia.

In an El Niño year, trade winds are weaker than normal (or absent). An El Niño year is usually drier and there is a greater chance of drought (an extended period of little rain). In addition, warm ocean water moves away from the FSM toward the central and eastern Pacific Ocean, and causes sea levels in FSM to decrease.

### Extreme Weather Events

Extreme weather events are another important climate feature. An extreme weather event is the kind of weather that can cause a lot of damage and problems for ecosystems and people. The main extreme weather events that happen in the FSM are droughts and big storms.

Droughts typically occur in the months of January to June, especially in the year following an El Niño. During particularly strong El Niño drought, the rainfall can decrease by as much as 80%. However, scientists predict that in the future, droughts in FSM will happen less often and extreme rain events will happen more often. Scientists also predict that the overall amount of rainfall in FSM will increase in the future.\(^1\)

Very strong storms in the equatorial Pacific Ocean region are called tropical cyclones. These storms typically happen between August and November and they have strong, damaging wind and very heavy rainfall.

During La Niña conditions tropical cyclones tend to form to the north and west of Micronesia. During El Niño conditions tropical cyclones tend to form in Micronesia. For instance, tropical cyclones may form near Yap during a La Niña year; whereas during an El Niño year they may form in Kosrae State and the Marshall Islands. In years with strong El Niños, tropical cyclones may develop near Hawaii such as Super Typhoon Paka in 1997 and can travel thousands of miles to impact Micronesia.

Table 2 lists the main features of the climate in FSM.

Table 2 Main Climate Features

We can now list the main features of the climate in the FSM.

- Warm and humid days and nights all year
- Wet and dry seasons
- Lots of variability in annual amounts of rain
- Breezy with winds normally blowing east to west
- Lots of variability in wind speed and wind direction
- Extreme weather events: drought, tropical storms and cyclones
- Strong influence by climate conditions known as El Niño, La Niña and the position of the Intertropical Convergence Zone

Table 2 summarizes the main features of the climate in FSM.

What is happening to climate on our planet?

Our planet has been around for a very long time (more than four billion years). During that time the climate of the planet has changed many times. Sometimes the climate has been very cold, with large amounts of ice covering most of the land and even large parts of the ocean. Sometimes the climate has been very warm when even the polar regions had little or no ice.

For the past 10,000 years, Earth’s climate has been very comfortable for people and for ecosystems. However now, the climate is beginning to change because of human activities, especially our burning of fossil fuels (oil, coal and natural gas, which are made of fossil plankton and plants). Since our human activities are causing the global climate to become warmer, this change is often called **global warming**.

We use oil to make the fuel that provides the power for transportation (such as gasoline for cars, boats and trucks). People also burn fossil fuels to make electricity. When we burn oil and coal, the burning produces gases (especially carbon dioxide) that trap heat in the atmosphere. Other human activities are also producing gases that go into the atmosphere and trap heat (Figure 7). This trapping of heat in the atmosphere is causing Earth’s climate to get warmer.
The graph of average global temperature over the past century shows that the global temperature has been increasing (Figure 8). The temperature data are collected from weather stations around the world. There is a lot of variability from year to year. However, over all the years in the graph, there is a clear trend that Earth’s climate has been getting warmer. Global temperatures in the last ten years are significantly higher than they have been for any other ten-year period.

Over the past 100 years, Earth’s temperature has increased about 1.6°F (0.9°C). While this amount may not seem very much to us, it is actually a lot for planet Earth. A decrease in global temperature of about 10°F (5.6°C) can cause an ice age. In the geologic past when Earth’s average temperature was 10°F higher, most of Earth’s ice was gone and sea levels were over 100 feet (30 meters) higher.

The higher global temperatures cause many other changes to weather patterns and conditions on the planet. As a result, scientists tend to use the broader term climate change to describe this issue, rather than global warming. These climate changes include:
Glaciers everywhere in the world are melting.
Sea level is rising.
The oceans are getting warmer.
Ecosystems are moving away from current locations toward locations that are not as hot.
Warm seasons are starting earlier and lasting longer.
More of the planet is having tropical climate.
Generally wet places are getting wetter (flooding) and dry places are getting dryer (drought).

These and many other observations show that Earth’s climate system is rapidly changing because of global warming. Global climate change affects islands in the Federated States of Micronesia in many ways. The rest of this booklet focuses on the changes that are already happening and the climate changes that are predicted to happen. We will also discuss what people in Micronesia can do to help protect themselves from the impacts (damaging effects) of climate change.

What impacts of climate change are happening in the Federated States of Micronesia?

As shown in Figure 9, the four most important impacts (damages) of global climate change on the FSM are:

- Higher air and ocean temperatures
- Changing rain patterns
- Sea level rise
- Ocean acidification

**Figure 9** Human activities, mainly burning fossil fuels, are putting more heat-trapping gases, especially carbon dioxide, into the atmosphere. These activities are causing global warming. The four major impacts of climate change in Micronesia are shown with a graphic image next to each one.
Global warming means that **air and ocean temperatures are warmer**. These higher temperatures can directly harm ecosystems and human communities. For instance, warmer ocean water is an unhealthy condition for coral reefs and fish. In addition, these higher temperatures are causing one of the most serious climate impacts: **sea-level rise**.

Higher ocean temperatures cause the oceans to have a larger volume.\(^2\) Thus, the ocean surface rises. This accounts for about 1/3 of the amount of global sea level rise. Higher air temperatures also cause mountain glaciers to melt, and this water flows into the ocean (accounting for another 1/3 of global sea level rise). The last 1/3 of global sea level rise comes from melting ice on Greenland and Antarctica. As a result of warming seawater and melting ice, oceans have a higher volume, and sea levels around the world are rising. Rising sea level causes coastal erosion and flooding by waves and high tides. During heavy rain storms it can prevent the rain from draining into the sea, causing more flooding. This sea level rise is one of the most damaging impacts of climate change, especially for island communities.

Global warming also causes changes to rain patterns. For the FSM, average rainfall is expected to increase, especially in the wet season, along with more extreme rain events. Droughts are expected to decline in frequency.

**Ocean acidification** is another major impact caused by higher carbon dioxide levels. When carbon dioxide dissolves in the ocean, it forms a weak acid. As excess carbon dioxide in the atmosphere dissolves in the ocean, it changes the acid-base chemistry of the ocean, and causes it to become more acidic. Ocean acidification is included as a climate change impact because it is caused by the same increase in carbon dioxide that causes the other climate change impacts. Ocean acidification also harms many of the same marine ecosystems, especially coral reefs, plankton, and shellfish that are additionally harmed by higher ocean temperatures.

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\(^2\) When something gets warmer, it expands (gets larger) in size. This increase in size happens with solids, liquids, and gases.
Climate Change in the Federated States of Micronesia

Sea level rise is especially important since it harms essentially all Micronesian ecosystems and human systems (Figure 12). Since 1993, sea level rise has been occurring around the FSM at about 0.3 inches per year. Sea level rise causes beach erosion, flooding during high tide, and increased storm surge. Sea level is expected to continue rising, perhaps by more than 3 feet (1 meter) by the year 2100.

This increase in sea level means that anything that makes the ocean waves reach farther inland (such as king tides or a tropical cyclone) will cause more flooding than when the sea level was lower. Higher sea level also causes more erosion of the coast. Higher sea level also affects the availability of food and water: When the ocean floods the land, the soil becomes salty, which damages the natural plants and trees, and also makes it much harder to grow food. The higher sea level can also reduce the amount and quality of the underground fresh water.
For example, in December of 2008 serious flooding occurred when there was no local storm. In that case it was the highest tide of the year happening with higher sea levels and large waves from a distant storm. Communities throughout FSM were flooded by waves and extreme high tides that eroded beaches, damaged roads, flooded fresh water aquifers and wetlands with salt water, and inundated communities. Sea water surged up through the ground killing taro, breadfruit, and other food crops. Crop sites in use for generations were destroyed on approximately 60 percent of inhabited atoll islets. Food and drinking water were in short supply. A nationwide state of emergency was announced on December 30, 2008 and food security was declared the top priority in the nation.

Often the different impacts of climate change harm the same ecosystem or human system, and cause more damage than either would by itself. For example, higher ocean temperatures and ocean acidification both harm local marine ecosystems such as coral reefs (Figure 13). Coral are very sensitive to increases in temperature. Since the 1970’s the Pacific Ocean has warmed by about 0.7°F (0.4°C). Warmer ocean water can lead to coral bleaching, and damage to local marine ecosystems and fishing.

The outside hard parts of many shelled organisms, such as plankton, and coral, are made of carbon combined with calcium and oxygen in a solid form called calcium carbonate. As the ocean becomes more acidic, it is much more difficult for many marine organisms to make and keep their hard calcium carbonate shells. Since plankton and coral are very important for marine ecosystems, this ocean acidification also can decrease the populations of many marine organisms that do not have shells. One quarter of all sea animals spend time in coral reef environments during their life cycle.
How can FSM communities adapt to the impacts of climate change?

We use the term climate adaptation to describe the things that people, communities and governments can do to help protect themselves from harmful climate impacts. A Pacific Island community that has planned and implemented climate adaptation strategies for their ecosystems, food supplies, homes, roads, and water supplies will suffer less damage and recover more quickly from climate change impacts.

Plants and animals living in Pacific Island ecosystems are adapted to the current conditions, such as temperatures and rainfall patterns. Since temperatures normally do not change very much over the course of a year, many local plants and animals have never experienced the higher temperatures that may be happening already and that are predicted to happen even more in the future. Changes in sea level (Figure 14) and rainfall, higher temperatures, salt from ocean flooding, and a more acidic ocean all can cause very significant damage to land and marine ecosystems.

In addition to the stress from climate change impacts, these ecosystems are often already being harmed by other human actions. Activities such as polluting land or water, cutting down too many trees, catching too many fish, disturbing reefs, and replacing natural environments with industrial development all harm local ecosystems.

Ecosystems that are close to their natural condition are more resilient with respect to climate change. This means that they are damaged less by climate changes and can recover faster. 

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**Figure 13** Impacts of sea level rise and kinds of adaptation strategies.
than ecosystems that are harmed by other human activities. The best climate adaptations for ecosystems are activities that help the ecosystems return to and keep their natural conditions. These activities include preventing and removing pollution, and carefully managing human interactions with the ecosystem such as fishing, cutting trees, and tourism.

Because ecosystems provide so many important benefits to island communities, these ecosystem adaptations also increase the resilience of human systems. In addition, human systems (such as homes, getting fresh water, getting food, and transportation) require other adaptation actions. These adaptation actions generally make the human systems more flexible, efficient and sustainable. In other words, these climate adaptations for human systems:

- Give the communities more ways to meet their needs (they are flexible),
- Do so in ways that provide the maximum benefits for the cost (they are efficient), and
- Rely more on island resources than on outside resources (they are sustainable).

Unfortunately, people living on low islands such as in FSM, have fewer choices and resources to reduce the impacts of climate change than do people who live on high islands or continents. Atolls lack the higher elevations that can provide much more security with respect to avoiding flooding, getting fresh water, growing food, and building roads. If the impacts of climate change continue to increase, atolls in the Federated States of Micronesia and their way of life will become increasingly threatened.

The Micronesia Conservation Trust has produced materials that help Pacific Island communities understand climate impacts. These materials provide guidance with respect to planning and implementing climate adaptation activities. Under the title Adapting to a Changing Climate, these materials include large flipcharts that can be brought to local communities and a booklet that summarizes and explains the information in the large charts.3

In general, there are three kinds of climate adaptation activities that can help make people, communities, and nations safer with respect to rising sea levels and other climate impacts. These kinds of adaptation activities are:

- Protecting local ecosystems to help these ecosystems be more resilient
- Increasing the resiliency of the communities’ physical systems such as homes, roads, water supplies, and food supplies
- Making the community’s cultural systems stronger and healthier so people in the community effectively plan and implement climate adaptation strategies that work for that community.

These climate adaptations can help make life on the Federated States of Micronesia safer and more comfortable for more years into the future.

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3 The booklet Adapting to a Changing Climate can be accessed at http://www.cakex.org/virtual-library/3439
Glossary

Air and ocean temperatures are warmer A direct effect of global warming is that the air gets warmer. Because the air and the ocean touch each other and are mixed together by winds and waves, heat can travel out of the air and into the water making the ocean warmer. Warmer temperatures in the air and ocean cause many changes to the worlds ecosystems, weather, climate, and human communities.

Climate The long-term pattern of weather in a particular area. Climate is measured by assessing the patterns of variation in temperature, humidity, atmospheric pressure, wind, precipitation, and other properties of the weather in a given region over long periods of time.

Climate adaptation Actions taken by people, communities and governments that help protect themselves, and ecosystems, from harmful climate impacts.

Climate change A change in global or regional climate patterns. In particular a change apparent from the mid to late 19th century onwards and attributed largely to the increased levels of atmospheric carbon dioxide produced by the use of fossil fuels.

Coastal erosion Wearing away and loss of beaches and land due to waves. Coastal erosion gets worse when sea level rises.

Convective rain Convection of the air occurs when hot air moves upward. This develops when Earths surface becomes heated more than its surroundings leading to strong evaporation that makes clouds. The clouds produce convective rain that falls as showers with rapidly changing intensity. Convective rain falls over a certain area for a relatively short time, because convective clouds have limited horizontal extent. Most precipitation in the tropics appears to be convective.

Drought An extended period of little rainfall.

El Niño A natural climate event, lasting typically less than 1 year, which occurs in the Pacific when the normal trade winds weaken (or die) and are replaced by monsoon winds. This causes warm water in the western tropical Pacific to surge into the central and eastern Pacific. El Niño can cause temporary global changes in the climate and weather.

El Niño Southern Oscillation (ENSO) Refers to a Pacific climate event that has two states: El Niño and La Niña. These states govern the movement of a large body of warm water to the eastern (El Niño) or western (La Niña) regions of the tropical Pacific Ocean. ENSO states cause strong climate and weather changes around the globe.

Global warming When the air in the lowest portion of the atmosphere (the troposphere) gets significantly warmer than normal. Global warming is caused by an increase in the amount of heat-trapping greenhouse gases when humans burn fossil fuels (coal, petroleum, natural gas) for energy. Other types of greenhouse gases produced by humans also contribute to the problem.
Humidity The amount of water vapor in the air.

Intertropical Convergence Zone (ITCZ) Known by sailors as “the doldrums”, the ITCZ is a belt of low air pressure which circles Earth generally near the equator where the trade winds of the Northern and Southern Hemispheres come together. The ITCZ tends to be a region of thunderstorms and high rainfall.

King tide A term that describes an unusually high tide, usually the highest tides of the year. King tides may cause flooding on low-lying coastal lands.

La Niña A natural climate event, lasting typically less than 1 year, which occurs in the Pacific when the trade winds grow stronger than normal. This causes a body of warm water to accumulate in the western tropical Pacific and is an opposite state to El Niño.

Monsoon winds Winds that blow from the west and typically bring a change in weather conditions.

Neutral A year in which ENSO conditions are neither in the El Niño or La Niña states.

Ocean acidification Decrease in the pH of Earth’s oceans, caused by the uptake of carbon dioxide \((\text{CO}_2)\) from the atmosphere. An estimated 30–40% of the carbon dioxide released by humans into the atmosphere dissolves into oceans, rivers and lakes, lowering their pH.

Orographic rain Orographic rain occurs when humid air is forced upwards over rising terrain, such as a mountain, into colder air at higher elevations. This causes the rate of condensation to exceed the rate of evaporation, producing orographic clouds that yield orographic rain.

Resilient communities are better able to bounce back from disasters and disruptions, such as tropical cyclones, in a sustainable way and maintain a good quality of life for all. They are better prepared for uncertainties and able to adapt to changing conditions.

Sea level rise When the average level of the surface of the ocean rises, especially as a result of global warming that melts glaciers (increasing the amount of water in the ocean) and warms the ocean (causing ocean water to expand, upwards).

Trade winds A wind blowing steadily toward the equator from the northeast in the northern hemisphere or the southeast in the southern hemisphere, especially at sea.

Tropical cyclone A rotating system of strong winds, clouds and thunderstorms that produce heavy rain. Tropical cyclones are organized around a center or eye, where there is low air pressure. Tropical cyclones cause storm surge and are responsible for severe damage where they make landfall in human communities.

Variability Meaning that the state of the weather, or climate, has a high degree of change. Climate conditions that are variable are always changing.

Weather The state of the atmosphere at a place and time as regards heat, dryness, sunshine, wind, rain, and other conditions.
Acknowledgements

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Illustrations by Nancy Hulbirt, Anita Moorjani, and Jennifer Mendenhall.

Photographs

Figure 3. Photograph of rain
http://1.bp.blogspot.com/-Db5Kw3IPBtc/TnusYWYDK2I/AAAAAAAAAD9/UCVHft016iQ/s1600/7milebeach.jpg
Photograph of mountain

Figure 6. Photograph of the Intertropical Convergence Zone (ITCZ)

Figure 12. Photograph of Kosrae, Kosrae Island Resource Management Agency

Figure 13. Photograph of coral reef by Joe Ruhinski

Feedback

What do you like or do not like about this booklet? We want any comments or advice that can help improve this booklet. Please share these with us by email to fletcher@soest.hawaii.edu and asussman@wested.org